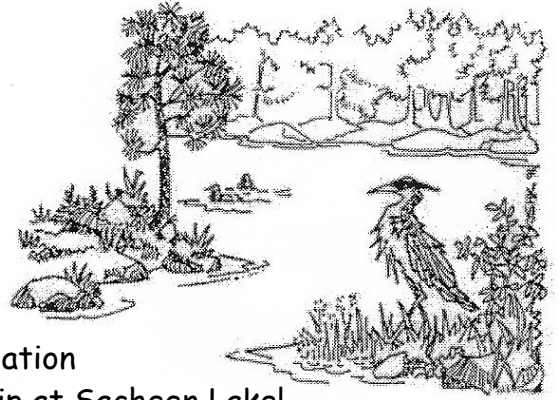


# SacheenSCOPE



Published by the Sacheen Lake Association  
Celebrating 59 Years of Stewardship and Friendship at Sacheen Lake!

Summer 2017

SacheenSCOPE. . . since 1988  
edited by Nancy Cain

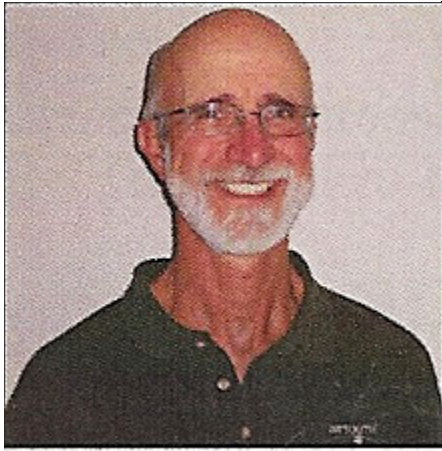
Come reconnect with and/or meet your neighbors  
for a merry afternoon!  
**Annual Sacheen Lake Picnic & BBQ**  
**Saturday, August 19, 11:30 a.m.**  
Myers-Harter Park

>>Food served from 12:00 – 2:00 p.m.<<  
(Hamburgers, hotdogs, buns, condiments, and drinks provided)  
\*\* bring a chair and a dessert or side dish to share \*\*

There will be:

- \*Games for all ages
- \*Every child receives a prize
- \*Adirondack Chairs Door Prize (adults only)
- \*Sacheen Lake gifts and apparel for sale





## The President's Message

by Don Hill

Dear Friends and Neighbors,

What a beautiful summer we're having! Hope you've been able to get out and enjoy our precious lake and its surrounding woodlands. If we haven't been playing outside, we certainly can't blame the weather for stopping us!

For those of you who may have missed our SLA Annual Meeting, it was well-attended and we covered the usual short business meeting, our recognition of community service from so many dedicated volunteers, and an update discussion on the issue of shoreline erosion/wake limits. It was very gratifying to have the members present unanimously concur with our course of action this year; asking the county commissioners for a no-wake limit during times of high water level. Thankfully, the level dropped sufficiently to allow the lifting of the no-wake limit in early June, so the overall impact on our boating privileges was very minor, and we believe well worth it in the interest of minimizing shoreline erosion from our 'fun and recreation'. *Please be aware of your wake, and thoughtful of the damage it can do to your neighbor's property.*

Our "Special Guest" portion of the meeting started with a discussion with County Commissioner Karen Skoog regarding county issues affecting the lake. Karen indicated the re-paving of Fertile Valley Road is still in the plan, but will likely not take place until 2018. Also, we were pleased to be able to have James Goerz, our U of M moose expert, back to provide a very interesting update on the local moose population study. Visit our website ([www.SacheenLake.com](http://www.SacheenLake.com)) to review the Powerpoint for a review of the meeting.

It's now the busy and fun summer season at Sacheen, and I hope all of you will stay safe and enjoy an awesome summer. Please don't forget to mark your calendars for the SLA Community Picnic, rescheduled to August 19. It's always a great time to catch up with friends, and meet some new ones, and celebrate the gift we share of being part of the Sacheen Lake community!

See you at the lake!

**Don Hill**

In April 2017, Sacheen Lake was stocked with 3200 triploid rainbow trout by Washington Department of Fish & Wildlife.

For current stocking info, go to:

<http://wdfw.wa.gov/publications/01900/wdfw01900.pdf>



# Summer Safety



by Mike Nokes  
Chief, SPOFR

It has been a warm summer so far. South Pend Oreille Fire & Rescue wants everyone to stay safe during the hot summer months and offers the following tips on how to best care for yourself and your family when temperatures start to soar.

## Protect Yourself:

- Drink more fluids, regardless of your activity level. Don't wait until you're thirsty to drink.

- If you're older, be especially careful to drink fluids because the amount of water retained by the body decreases with age.

- Don't drink liquids with dehydrating caffeine, alcohol, or large amounts of sugar. Avoid very cold drinks.
- Dress in lightweight light-colored clothing and sun-reflective shirts. Wear loose clothing.
- Wear wide-brimmed hats and sunglasses.
- Avoid strenuous activities during the heat of the day.
- NEVER leave anyone in closed, parked vehicle, even with the windows down.
- To feel cooler, eat cooler. Reduce your protein intake.
- Don't get too much sun. Sunburn makes it difficult for your body to dissipate heat.
- As well as a hat and sunglasses, wear sunscreen SPF 15 or higher. The most effective products say "broad spectrum" or "UVA/UVB" on their labels.
- Stay Alert. Be aware of heavy sweating, hot and dry skin, rapid pulse, pale or clammy skin, and cramps in your leg or abdomen muscles. All could be signs of heat disorder.
- If you are older, it's wise to keep medical information readily available, including phone numbers of health care providers and copies of your prescription and health insurance cards.

## What to look for in cases of heat exposure and what to do:

**Heat Cramps** - Painful spasms usually in your legs or abdominal muscles with heavy sweating. Firm pressure on cramping muscles or gentle massage may relieve spasm. Drink water or a sports drink, which has electrolytes and salt. If nausea occurs, slow to sips of your drink and wait till nausea subsides to begin drinking again.

**Heat Exhaustion** - Heavy sweating, weakness, skin cold, pale and clammy. Person can have a weak pulse, normal temperature possible, fainting, or vomiting. Get victim to lie down in a cool place. Loosen clothing. Apply cool, wet cloths, and fan or move victim to air-conditioned place. Give sips of water. If nausea occurs, slow the sips of water and wait till nausea subsides to begin sips of water. If vomiting occurs, seek immediate medical attention.

**Heat Stroke (Sun Stroke)** - High body temperature (106+). Victim can have very hot, dry skin, rapid or pulse, and possible unconsciousness. Victim will likely not sweat. Heat stroke is a severe medical emergency. Call 9-1-1 or emergency medical services immediately. Delay can be fatal. Use extreme caution. Move victim to a cooler environment. If victim is conscious you can try a cool bath but never leave them unattended or try sponging to reduce body temperature. Remove clothing to allow body to cool. Use fans and/or air conditioners. **DO NOT GIVE FLUIDS.**

If you have any questions on: burning, smoke detectors, or if you would be interested in serving your community as a member of the volunteer fire district please contact me at 447-5305, or on-line at [www.spo-fr.org](http://www.spo-fr.org).

Thank you, **Mike Nokes, Fire Chief SPOFR**

Warm days and cool nights for sleeping, that is one of the best things about living in this area, especially here at Sacheen. Does it get any better than this? The Sacheen Lake Water & Sewer District continues to serve Sacheen Lake in many ways, please read ahead for an update.

You should have received 2 notices for herbicide applications. The second notice was sent so we could include herbicide application to the water shield that so many of you have expressed concern about. The applicator will be using a different herbicide for the milfoil this year, so please note the different restrictions that the notice outlines. If your property is affected, there will be notice placed on it prior to application.

You can help prevent the spread of milfoil by removing plant sprigs and pieces that you see floating around your dock. The plant's natural method of reproduction is through auto-fragmentation, so when picking, or preferably, pulling plants up from the roots, make sure all of the plant is removed from the water. Consider keeping a pool skimming net on your dock to remove floating plant pieces as well as other debris that comes around. Remember, not all aquatic plants are weeds. Aquatic plants are healthy for our lakes.

A new beaver trapper has been lined up to help reduce our downstream beaver population in order to help keep the water level down. He will begin trapping in September. This trapper is well regarded and works closely with Washington Department of Fish and Wildlife as a trapper trainer.

Also, this fall, we plan to work on re-setting the beaver tubes and surveying them in to make sure they are at the best levels possible for continued water flow. Keeping the water flow out of the lake consistent is the healthiest for both the lake and the watershed downstream. The great work of Don Hill and his volunteers has been very successful in avoiding the extremes in flow that we used to have that caused ugly mud flats downstream.

Questions about outhouses have been brought up recently. According the Matt Schanz from Northeast Tri-County Health, if a property is served by a public sewer, an outhouse is no longer *grandfathered*. Decommissioning of outhouses was part of the sewer construction project, but could only be done if it was disclosed that there was an outhouse. It is the **property owner's** responsibility to have the outhouses decommissioned per NETCH specifications.

We will again be asking for voter approval of a maintenance and operation levy on the November ballot. With approval of this funding we can continue to work on our milfoil abatement as well as maintaining the Myers/Harter Sanctuary, water level work, District insurance, and other costs not associated with the sewer. The voted levy is funded by **all** District property owners, not just those being served by the sewer. We are requesting the same amount (no increase) as we have the previous two years, this replacement levy asks for \$0.78 per thousand dollars of assessed valuation to collect \$55,669. We are hoping to direct some of these funds toward building a District office. The District has been run out of the Pearman home for the better part of twenty years, and it is time to give them back their extra bedroom!

Commissioner Mike Quick has filed to maintain his current position with the Board in November's election. No one filed for Commissioner Pearman's position, which he has held for eight years. We are looking for someone who would be willing to serve in that position for a two-year commitment. At that time, the position would again go on the ballot. If you are interested in serving your community on the Board, please let one of the Commissioners or the District Manager know. Remember, the Board meets the second Wednesday of the month at 5:00 pm. You can also read the past minutes on the SLA website.

Continued on page 7...



Charlie Schaefer is passionate about boating safety and is eager to share his knowledge through offering safety classes for both motorized and non-motorized boats. In 2015 he won the 'Boating Educator of the Year' award for the Western Region. He was nominated for this award from both Idaho and Washington, a first in the history of The Western States Boating Administration Association (WSBAA).

After completing his class for motorized vessels, you will be given the "Boater Education Card." If he doesn't have a class scheduled that suits you, he will try to arrange one. All of his classes are free to the public,

Here are just a few of the rules to know:

**PERSONAL WATER CRAFTS (PWC)** - NO ONE under the age of 14 can operate OR sit in front of the operator. Fourteen or older must carry a 'Boater Education Card.'

**LIFE JACKETS** - Must be worn at all times for anyone 12 and under. Adults must have an appropriate jacket in their vessel at all times. This includes motorboats and manpowered crafts.

**POWER VESSELS** - \*Must stay 100 feet away from people in the water  
\*If towing skiers, must stay out a minimum of 100 feet when returning to the dock  
\*Must slow to a NO WAKE speed when approaching within 50 feet of other vessels

**MAN POWERED VESSELS** (under 19 feet) - Must each have a sound producing device (audible for at least 1/2 mile) in their vessel at all times. At dawn and dusk personal white lights are also required.



## **Meet Dan White - "The Door Prize Guy"**

**Builder and Donor of Our Sacheen Annual Picnic's  
Beautiful Wood Creations**

Karen and I moved to Sacheen Lake twelve years ago and enjoy year round living here. I grew up in Spokane in a family of six children. I was a draftsman for an engineering firm before pursuing a career in sales. We have raised two daughters and stay busy with five grandchildren. I retired in 2008 and like home remodeling and other projects.

We have been active in the Sacheen Lake Association, and I have enjoyed helping with the community picnic. One of my hobbies is woodworking so I decided to make an Adirondack chair for the door prize and have continued the tradition for the last several years. Brian Hood has donated wood he has milled from his property for most of the projects and it is greatly appreciated. If you have not attended the picnic or it's been awhile, I hope you will consider coming this year. The picnic offers food, games, and prizes for everyone and has grown to be a fun afternoon with neighbors and friends.

## **Be Fire Wise this Summer**

By Joe Pearman

As the summer continues to heat up, wild fires become a ever more looming threat to residents of the Inland North West. Unfortunately, this is just an unavoidable risk that comes with living next to the natural beauty that we all enjoy. While your local fire department is always there to help in an emergency situation, there are a few simple things you can do to help protect your home. Keep roofs and gutters clear of debris such as moss and pine needles. Trim tree branches within 3 feet of the ground. Keep grasses trimmed and green the best you can throughout the later months of the summer. Simple landscaping and maintenance can go a long way in helping create a defensible space around your house.

Should the worst case scenario happen and an evacuation is called, ensure all windows and doors are closed around the house. Move all BBQ grills, propane tanks, and patio furniture at least 20 feet from the home. Finally, leave lights on outside and around the house as it can make your residence easier for firefighters to find at night or in smoke. South Pend Oreille Fire and Rescue is proud to support the community of Sacheen Lake and hopes that these tips can help you protect the investment that you have made in your lake home. For more information, go to [www.dnr.wa.gov/firewise](http://www.dnr.wa.gov/firewise) .

### **Sacheen Lake Association Membership Renewal Form**

**Dues for 2017 are still only \$10 for an individual / \$25 for a family**

Name:			
Mailing Address:			
Phone:			
Email Address:			

**Please fill out the form and mail it with your check, payable to:**

Sacheen Lake Association, c/o Jerry Johnsen, Treasurer, PO Box 401, Newport WA 99156-0401

**PLEASE include your correct CURRENT EMAIL ADDRESS**

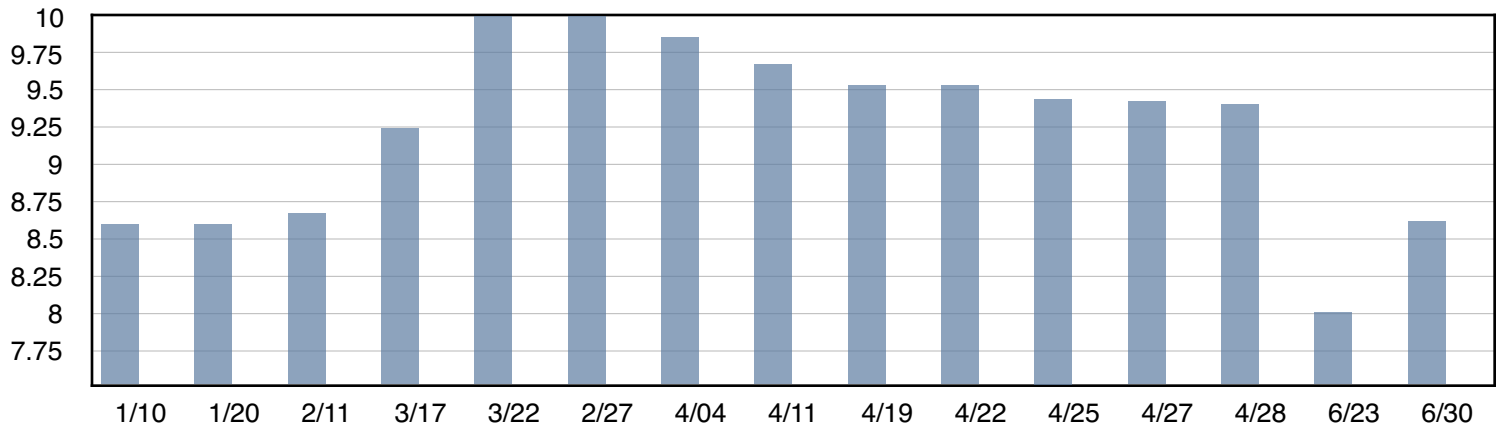
#### **sacheenlake.com**

Don't forget to check out our beautiful website. It is a wonderful way to stay connected with our community, lake and sewer news, and the wildlife around the lake. To share your photos and Info, contact Jerry Johnsen @ jj\_at\_lake@yahoo.com.

#### **STAY INFORMED**

Join the **SLA email list**. Please send your request to be added to the email list and/or send address corrections or changes to: [lakesend@gmail.com](mailto:lakesend@gmail.com)

## Sacheen Lake Water Level in Inches



### Water and Sewer District News

Continued. . .

by Sheila Pearman, District Manager

spearman@ifiber.tv 447-4641

Thank you to all who make your sewer payments in a timely manner. Many more of you have begun using your bank's bill pay service. Most bank's bill pay services are free of charge and save you the cost of an envelope and stamp. It also helps avoid the mistakes that often get made when writing a check, such as forgetting to date, sign, or write in the amount! (I've seen them all). You can also receive your bill by e-mail, thus saving the cost of mailing invoices. Just let us know and we can set you up for e-mail billing. Please consider if either of these could be right for you.

### **Sacheen Merchandise For Sale**

Virginia Hill - Merchandise Chairman  
(509)447-0960

Sacheen Lake merchandise is for sale at the annual meeting and the community picnic. You may also shop at Virginia's home by calling and arranging a time.

The merchandise includes various items of clothing, coffee mugs, and beverage glasses.

If you have any ideas for merchandise that you would like to see sold, please email Virginia at [DVJH@aol.com](mailto:DVJH@aol.com)

**These make wonderful year-round gifts!**

### **Commissioners:**

**Peggy Johnsen 447-4587**

**Perry Pearman 447-4641**

**Mike Quick 447-3609**

**Dist. Manager: Sheila Pearman 447-4641**

**Maintenance: Nathan Johnson 671-6019**



*Sacheen Lake Association*

is now on FACEBOOK

**Become a friend!**

SacheenSCOPE  
PO Box 401  
Newport WA 99156

### **Sacheen Lake Association Board**

President:	Don Hill 509/447-0960 <a href="mailto:DVJH@aol.com">DVJH@aol.com</a>	Eastshore
Vice President:	Brian Hood 509/447-3124 <a href="mailto:LakesEnd@gmail.com">LakesEnd@gmail.com</a>	Sacheen Shores / West End
Secretary:	Beryl Pielli 509/447-3793 <a href="mailto:lbpielli@povn.com">lbpielli@povn.com</a>	At large
Treasurer:	Jerry Johnsen 447-4587 <a href="mailto:jj_at_lake@yahoo.com">jj_at_lake@yahoo.com</a>	Schaefer's Beach
*Lance Barklen, 509/447-0247 <a href="mailto:barklen@cox.net">barklen@cox.net</a>		Mtn. View
* Mary Maxfield, 509/993-5117 <a href="mailto:spokanemary@yahoo.com">spokanemary@yahoo.com</a>		Eisenbarth's Addition
* Karen White, 509/447-0151 <a href="mailto:dankaren89@gmail.com">dankaren89@gmail.com</a>		At large
* John Pargman, 509/939-8526 <a href="mailto:gjpargman@yahoo.com">gjpargman@yahoo.com</a>		At large
* Jeanne Holman, 509/599-7234 <a href="mailto:larryandjeanne70@yahoo.com">larryandjeanne70@yahoo.com</a>		The Narrows
* Al Pool, 509/447-0221 <a href="mailto:alberthpool@gmail.com">alberthpool@gmail.com</a>		The Terrace

### **Sacheen Sewer & Water District Meetings**

2nd Wednesday of each month - 5 p.m.  
Sacheen Fire Station on Highway 211

### **SLA Community Picnic BBQ - Aug 19, 2017**

Saturday, 11:30am -2pm at Meyers-Harter Park

### **Community Volunteer Clean-Up Days**

Meet at Meyers-Harter Park at time listed

#### **Highway 211 Cleanup**

August 26, Saturday 8:00 a.m.

#### **Fertile Valley Road Cleanup**

September 9, Saturday 9:00 a.m.